

# PACIFIC

*San Diego*

## *the* **action-adventure** *issue*

*Fly 2,500 feet above Del Mar  
Leap from a cliff in La Jolla  
Zip over African terrain in Escondido  
Rappel down the Manchester Grand Hyatt  
Jump into a skydiving blind date*



**plus...**

*29 San Diego chefs describe their last meal  
Halloween events to die for  
Finest City Superheroes*

[www.pacificsandiego.com](http://www.pacificsandiego.com) | OCTOBER 2009

PRSR STD  
U.S. POSTAGE  
**PAID**  
PERMIT NO. 94  
SAN DIEGO, CA

# Out On a Rope

**BOLD DO-GOODERS**  
CAN HELP KIDS BY  
RAPPELLING FROM A  
DOWNTOWN HOTEL

BY RON DONOHO

**W**ant to play Spider Man on the West Coast's tallest waterfront building? It'll cost you \$1,000—in the form of in a charitable donation to Kids Included Together (K.I.T.).

On October 17, participants who raise the money will rappel down by rope from a deck on the 33<sup>rd</sup> floor of the Manchester Grand Hyatt's Harbor Tower. The 357-foot, 15-minute trip ends on the hotel's new pool deck.

"We wanted to do something different than a gala or a silent auction,"

You Are Here

says K.I.T. spokesperson Alicia Cook. "We looked at all kinds of condo buildings and hotels, but we thought the Hyatt was the most dynamic building where we could do this."

K.I.T. is a San Diego-based nonprofit that provides training for local organizations committed to including children with disabilities into existing programs. Since K.I.T.'s founding in 1997, program efforts have resulted in the inclusion of more than 8,000 children with disabilities, and the training of 15,000 youth-service providers.

The rappelling will be supervised by Over the Edge, a special-event company that provides signature events for nonprofits, inviting participants to raise pledges in exchange for once-in-a-lifetime experiences. If rappelling a skyscraper sounds like a fun way to help fellow San Diegans in need, create your personal donation page at [overtheedgeforkit.com](http://overtheedgeforkit.com).

If nothing else, it's great practice for skipping out on the mini-fridge bill next time you're in Vegas.